

Why is play important?

Playing develops:

- Social skills
- The brain
- Emotional growth
- Motor skills

Playing encourages:

- A strong bond
- Self- esteem
- Creativity and imagination
- Trust and sharing

Play is a time to:

- Work through emotions
- Teach social skills
- Practice motor skills
- Relax and have fun

Who We Are

Prevent Child Abuse Rhode Island is a 501 (c) (3) non-profit organization that has been in existence for 27 years. As a chartered chapter of the national organization Prevent Child Abuse America, the agency mission is to keep every Rhode Island child safe from abuse and neglect through a primary prevention approach of education, advocacy and public awareness activities. Our staff and volunteers continuously work to educate the general public about ways to strengthen families.



Prevent Child Abuse
Rhode Island

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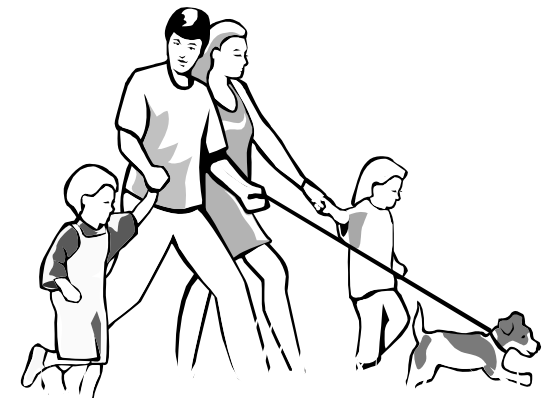
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Playing With Your Toddler



Prevent Child Abuse
Rhode Island

How often should you play with your toddler?

- Everyday
- Longer one-to-one time each week
- Make story time a regular part of bedtime

Provide the best Environment for play:

- Shut off the television
- Spend time outdoors
- Be sure your child is in the mood to play
- Put aside household chores

Playtime activity ideas to do together:

- Tell your child a story
- Play hide-and-go-seek
- Finger paint or draw
- Roll a ball to each other
- Organize a play group
- Go to the playground
- Go for a walk
- Stack blocks
- Dance to music



Tips for Parents:

- Toys with small pieces may be a choking hazard
- Follow the recommended age guidelines for toys
- Don't criticize - encourage imagination.
- Closely watch your toddler when you play outdoors
- Be patient and focus on your child during playtime
- Don't play rough
- Play **with** your child, don't just watch
- Give them your complete attention