



A Season for Nonviolence

January 30 – April 4, 2010

Daily Peace Quotes

January

30th - It is possible to live in peace. - Mahatma Gandhi

February

1st - Nonviolence should mean a complete freedom from ill-will, anger and hate and an overflowing love for all. - Mohandas K. Gandhi

2nd - Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has. - Margaret Mead.

3rd – All who affirm the use of violence admit it is only a means to achieve justice and peace. But peace and justice are nonviolence...the final end of history. Those who abandon nonviolence have no sense of history. Rather they are bypassing history, freezing history, betraying history. - Andre Trocme

4th – Peace is not the absence of conflict but the presence of creative alternatives for responding to conflict -- alternatives to passive or aggressive responses, alternatives to violence. – Dorothy Thompson

5th - We seek peace, knowing that peace is the climate of freedom.
- Dwight D. Eisenhower

6th - I believe that to meet the challenges of our times, human beings will have to develop a greater sense of universal responsibility. Each of us must learn to work not just for oneself, one's own family or nation, but for the benefit of all humankind. Universal responsibility is the key to human survival. It is the best foundation for world peace. – H. H. The Dalai Lama

7th - You can't shake hands with a clenched fist. – Indira Gandhi

8th - Being considerate of others will take your children further in life than any college degree.
~Marian Wright Edelman

9th - We look forward to the time when the Power of Love will replace the Love of Power. Then will our world know the blessings of peace. - William Gladstone

February

10th - Remember that everyone you meet is afraid of something, loves something and has lost something. ~H. Jackson Brown, Jr.

11th - Responsibility does not only lie with the leaders of our countries or with those who have been appointed or elected to do a particular job. It lies with each of us individually. Peace, for example, starts within each one of us. When we have inner peace, we can be at peace with those around us.
– H. H. The Dalai Lama

12th - Peace is not achieved by controlling nations, but mastering our thoughts.
-JOHN HARRICHARAN

13th - Imagine all the people living life in peace. You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us, and the world will live as one – John Lennon

14th - When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace. – H. H. The Dalai Lama

15th - When you make peace with yourself, you make peace with the world.
- Maha Ghosananda

16th - It is not for him to pride himself who loveth his own country, but rather for him who loveth the whole world. The earth is but one country and mankind its citizens. - Baha'u'llah

17th - True peace is not merely the absence of tension: it is the presence of justice. – Martin Luther King, Jr.

18th - The practice of peace and reconciliation is one of the most vital and artistic of human actions. – Thich Nhat Hanh

19th - First keep the peace within yourself, then you can also bring peace to others. – Thomas A. Kempis

20th - Peace comes from being able to contribute the best that we have, and all that we are, toward creating a world that supports everyone. But it is also securing the space for others to contribute the best that they have and all that they are. - Hafsat Abiola

21st - There is no trust more sacred than the one the world holds with children. There is no duty more important than ensuring that their rights are respected, that their welfare is protected, that their lives are free from fear and want and that they grow up in peace. - Kofi Annan

22nd - Peace is the only battle worth waging. - Albert Camus

23rd - If you want to make peace, you don't talk to your friends. You talk to your enemies. - Moshe Dayan

24th - Peace cannot be kept by force. It can only be achieved by understanding. - Albert Einstein

25th - Peace-making is a healing process and it begins with me, but it does not end there. - Gene Knudsen Hoffman

February

26th - Nothing is more precious than peace. Peace is the most basic starting point for the advancement of humankind. - Daisaku Ikeda

27th - We will not build a peaceful world by following a negative path. It is not enough to say we must not wage war. It is necessary to love peace and sacrifice for it. We must concentrate not merely on the negative expulsion of war but on the positive affirmation of peace. - Martin Luther King, Jr

28th - All we are saying is give peace a chance. - John Lennon

March

1st - Peace may sound simple - one beautiful word - but it requires everything we have, every quality, every strength, every dream, every high ideal. - Yehudi Menuhin

2nd - No man is an island, entire of itself; every man is a piece of the continent. - John Donne

3rd - Alone we can do so little; together we can do so much. -Helen Keller

4th - Kindness is in our power, even when fondness is not. - Samuel Johnson

5th - Dream always of a peaceful, warless, disarmed world. - Robert Muller

6th - Remember upon the conduct of each depends the fate of all.
- Alexander the Great

7th - While the spirit of neighborliness was important on the frontier because neighbors were so few, it is even more important now because our neighbors are so many. - Lady Bird Johnson

8th - There is no way to peace; peace is the way. - A.J. Muste

9th - To reach peace, teach peace. - Pope John Paul II

10th - It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it. - Eleanor Roosevelt

11th - The structure of world peace cannot be the work of one man or one party or one nation. It must be a peace which rests on the cooperative effort of the whole world. - Franklin Delano Roosevelt

12th - In the hearts of people today there is a deep longing for peace. When the true spirit of peace is thoroughly dominant, it becomes an inner experience with unlimited possibilities... - Albert Schweitzer

13th - All works of love are works of peace. - Mother Theresa

14th - Let there be peace on earth and let it begin with me.
- Jill Jackson and Sy Miller

15th - Peace is the healing and elevating influence of the world.
- Woodrow Wilson

March

16th - The first and fundamental law of Nature, which is, to seek peace and follow it. - Thomas Hobbes

17th - If we have no peace, it is because we have forgotten that we belong to each other. - Mother Theresa

18th - An eye for an eye only ends up making the whole world blind.
- Mohandas Gandhi

19th - Nobody can bring you peace but yourself. - Ralph Waldo Emerson

20th - Our most important task is to transform our consciousness so that violence is no longer an option for us in our personal lives, that understanding that a world of peace is possible only if we relate to each other as peaceful beings, one individual at a time. - Deepak Chopra

21st - Peace is a journey of a thousand miles and it must be taken one step at a time. - Lyndon B. Johnson

22nd - A single act does make a difference...it creates a ripple effect that can be felt many miles and people away. - Lee J. Colan

23rd - Peace is its own reward. - Mohandas Gandhi

24th - It is the enemy who can truly teach us to practice the virtues of compassion and tolerance. - Dalai Lama

25th - I slept and dreamt that life was joy.
I awoke and saw that life was service.
I acted and behold, service was joy.
-Rabindranath Tagore

26th - A smile is the beginning of peace. - Mother Teresa

27th - Your neighbor's vision is as true for him as your own vision is true for you. -Miguel de Unamuno

28th - Peace is not a relationship of nations. It is a condition of mind brought about by a serenity of soul. Peace is not merely the absence of war. It is also a state of mind. Lasting peace can come only to peaceful people.
- Jawaharlal Nehru

29th - No act of kindness, no matter how small, is ever wasted. - Aesop

30th - If you want others to be happy, practice compassion. If you want to be happy, practice compassion. - The Dalai Lama

31st - Why can't peace be a single overriding common purpose: why do we wait for a crisis to pull us together? Let's pull together for peace. - Rita Mae Brown

April

1st - We cannot live only for ourselves. A thousand fibers connect us with our fellow men. - Herman Melville

2nd - Simple kindness to one's self and all that lives is the most powerful transformational force of all - David R. Hawkins

3rd - Never look down on anybody unless you're helping him up. - Jesse Jackson

4th - One day we must come to see that peace is not merely a distant goal we seek, but that it is a means by which we arrive at that goal. We must pursue peaceful ends through peaceful means. – Martin Luther King, Jr.