

Calling All Dads....

February 2008

Parenting *Rules!*

Fathers Make A Difference....



*"A father's job is to teach their kids by working beside them."
~ Richard, father of two*

Studies have shown that children who grow-up with an actively involved father or father figure:

- do better in school
- have more confidence
- get into trouble less
- stay in school longer
- are more responsible
- have better friendships
- make wiser life choices
- grow up to be caring adults

For a list of local agencies that provide fathering programs contact:
Rhode Island Parent Information Network
175 Main Street Pawtucket, RI 02860
401- 727- 4144 or www.ripin.org/fatherandfamilynetwork.html

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Did You Know That Dads Parent Differently Than Moms?

Fathers parent and play much differently than mothers. Not only is that ok; it helps kids have a more balanced view of the world. Dads tend to play rougher with their children and encourage them to take healthy risks and push their limits. They also communicate differently to their child which teaches kids how to respond to different styles of communication. When disciplining, fathers tend to enforce the rules based on duty and consequences.



*"Hug them, and tell them you love them every day no matter what."
~ Walter, father of three*

Dad's style of parenting can affect kids in the following ways:

- encourages independence
- builds confidence and self-esteem
- teaches consequences
- develops communication skills
- increases emotional security

For info on becoming a more effective role model for your children contact:

The RI Department of Health, Family Health Line
Men2B Mentoring Program 401- 222 - 4630

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Become A More Involved Father....



A fathers love and attention is one of the most important things in the life of a young child!

*"Plain and simple - listen to them; hear what they are really trying to say."
~Darrell, father of two*

Here are ten ways that you can become more involved and show your kids you care:

1. spend time listening
2. read to your child
3. eat dinner together
4. give hugs
5. say "I love you"
6. start a hobby together
7. go to school functions
8. help with homework
9. play their favorite game
10. let them be your "helper" around the house

For great tips on becoming a more involved father contact:
iParenting PO Box 1780 Evanston, IL 60204
847-556-2300 www.dadstoday.com

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 Prevent Child Abuse
Rhode Island

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www.preventchildabuse-ri.org

Please share this information with the families in your programs. Thank you!