

Parenting is Hard Work

April 2010

Parenting Rules!

The 3 P's of Parenting...

A parent's job is to provide a safe and loving home, participate in their children's lives, and protect them from harm.



Provide a nurturing and healthy environment for your child. Disciplining your children with love and compassion will help them develop self-worth and self-control. A house with clear rules and realistic consequences is a safe and peaceful place where a child can thrive.

1. **Establish house rules** that your child can understand according to his/her age
2. Be consistent so your child will know what to expect **every time**
3. Follow through with consequences, **don't just threaten**
4. Let your child know you **love** him/her **no matter what**

Participate in your child's life. It helps them to feel loved and cared for. Children with actively involved parents do better in school, have a strong sense of self-worth, and develop better relationships.

1. **Ask** them about their thoughts and feelings
2. **Participate** in a hobby or activity together
3. **Go to** their school events and activities
4. **Get to know** the parents of their friends

Parenting is Hard Work

April 2010

Parenting *Rules!*

Protect your children with careful and constant supervision. Exactly how closely you need to supervise your children depends on their age and the setting. Younger children need more direct supervision and **all children** should be more closely supervised when playing outdoors.

1. Always make sure that your child is **well supervised**
2. **Get to know** your child's friends and their parents
3. **Never** leave your child unsupervised in or around water
4. Always **know where your child is** and who he/she is with

Circle of Parents

Rhode Island Parent Information Network

175 Main Street Pawtucket, RI 02860

401.727.4144

www.ripin.org

Mom's Club of Greater Providence

401.439.4351

www.newcomersclub.com/ri.html

Rhode Island Family Guide

P.O. Box 163, Warren, RI 02885

401.247.0850

www.rifamilyguide.com

ABOUT PARENTING RULES! E-NEWS...



Prevent Child Abuse
Rhode Island

Parenting Rules! e-news is produced by Prevent Child Abuse Rhode Island and is partially supported by an annual grant from the Rhode Island Family & Children's Trust Fund



Rhode Island
Family & Children's Trust Fund

Administered by the RI Department of Children, Youth & Families

Prevent Child Abuse Rhode Island
500 Prospect Street Pawtucket, RI 02860
ph: 401.728.7920 fax: 410.724.5850
www.preventchildabuse-ri.org

Please share this information with the families in your programs. Thank you!