

Bullying

Bullying is defined as: an aggressive behavior by one person or group carried out repeatedly and over time, targeted at someone less powerful.

Bullying is characterized by:

- Physical, verbal, emotional or a combination of these
- An imbalance of power
- An intention to harm or disturb
- A lack of compassion, a lack of concern for the victim by the bully
- Repeated occurrences

There are many ways to be a bully. Most bullying is verbal. Some bullying can become physical over time. Different types of bullying are:

- Teasing, taunting and name calling
- Threatening them or making the victim do things they don't want to do
- Making sexual or racially offensive comments
- Hitting, pushing, kicking, or pinching
- Taking or damaging their belongings
- Ignoring them or deliberately leaving them out of things
- Spreading rumors or writing nasty things about them
- Persuading their peers to reject or shun them

Boys vs. Girls:

Boys are more likely to attack physically. Girls tend to harass others through indirect ways.

Boys:

- Aggressive
- Physical
- Use power – quick and effective
- Easy to detect with adequate supervision

Girls:

- Teasing, name calling
- Ignoring, Isolation
- Rumors
- Rejection or exclusion

Boys appear to be victims more than girls. Boys tend to be more physical and aggressive. The fact is the bullying tactics used against boys are more observable. Girl's tactics are far less observable and are more likely to go on for longer periods of time and be much more harmful to the victim. This may be why boys have been reported to have more cases of bullying.

