

Newborn to 1-Year-Old

Choose eye-catching toys that appeal to your baby's sight, hearing and touch.

- ◆ Large blocks of wood or plastic
- ◆ Pots and pans
- ◆ Rattles
- ◆ Soft, washable animals, dolls, or balls
- ◆ Bright, movable objects that are out of baby's reach
- ◆ Busy boards
- ◆ Floating bath toys
- ◆ Squeeze toys

1- to 2-Year-Old Toddler

Toys for this age group should be safe and be able to withstand a toddler's curious nature.

- ◆ Cloth or plastic books with large pictures
- ◆ Sturdy dolls
- ◆ Kiddy cars
- ◆ Musical toys
- ◆ Nesting blocks
- ◆ Push and pull toys (remember no long strings)
- ◆ Stacking toys
- ◆ Toy telephones

2-to 5-Year-Old Preschooler

Toys for this age group are usually experimental and should imitate the activity of parents and older children.

- ◆ Books (short stories or action stories)
- ◆ Blackboard and chalk
- ◆ Building blocks
- ◆ Crayons, nontoxic finger-paints and clay
- ◆ Hammer and bench
- ◆ Housekeeping toys
- ◆ Outdoor toys: sandbox (with a lid), slide, swing, playhouse
- ◆ Transportational toys (tricycles, cars, wagons)
- ◆ Tape or record player
- ◆ Simple puzzles with large pieces
- ◆ Dress-up clothes
- ◆ Tea party utensils



5-to 9-Year-Old Child

- ◆ Blunt scissors, sewing sets
- ◆ Card games
- ◆ Doctor and nurse kits
- ◆ Hand puppets
- ◆ Balls
- ◆ Bicycles
- ◆ Crafts
- ◆ Electric Trains
- ◆ Paper dolls
- ◆ Jump ropes
- ◆ Roller skates
- ◆ Sports equipment
- ◆ Table game

10-to 14-Year-Old Child

- ◆ Computer games
- ◆ Sewing, knitting, needlework
- ◆ Microscopes/telescopes
- ◆ Table and board games
- ◆ Sports equipment
- ◆ Hobby collections

Age Appropriate Toys

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The following is a list of toys that the American Academy of Pediatrics recommends for specific age groups. Use these recommendations when shopping for toys. However, always remember that these are merely guidelines. Parents should continue to watch out for mislabeled toys and always provide proper supervision for younger children.



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